THEODORA PARAMANA



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EDUCATION

2003	Diploma in Geology/ National and Kapodistrian University of Athens/ Department of Geology & Geoenvironment
2006	MSc in Oceanography / National and Kapodistrian University of Athens / Environmental Study of the costal system of Moustos Lagoon in Arcadia – Management proposal.
2023	PhD in Oceanography / National and Kapodistrian University of Athens / Integrated Marine Policy in view of Good Environmental Status (GES). Effective Management and Sustainability of the Marine Environment based on Biogeochemical Indicators.

RESEARCH FIELDS

Marine/ water policy, sustainable management of the marine and coastal environment, maritime spatial planning, nutrients and the chemical behaviour of heavy metals in the aquatic environment

RESEARCH PROJECTS

- Development of automated sampling tools to monitor the sea – air interface in coastal areas_ INTERSEA / Coordinator.: NKUA, Karavoltsos S. / ELIDEK/ 24 months
- Metal-Organic Frameworks as sorbents for ion removal of heavy metals from contaminated waters HEAVYMOFS/ Coordinator: EYDAP, Lytras E./ 06193 Erevno-kainotomo./ 40 months
- Responsive Hub for long term governance to destress the MEDIterranean Sea from chemical polluTION_RHE-MEDiation/ Coordinator: RINA Consulting/ HORIZON/ 36 months
- Strategic Action for the Adaptation of ports to Climate Change _ ADAPT PORTS / Coordinator: NKUA, Karditsa A./Prasino Tamio / 24 months
- Support Coherent and Coordinated Assessment of Biodiversity and Measures across Mediterranean for the next 6-year Cycle of MSFD Implementation _ ABIOMMED project / Coordinator: HCMR, Pagkou P. / DG ENV/ 29 months
- Hellenic Integrated Marine and Inland Water Resources Observing, Forecasting and Offshore Technology Systems (HIMIOFOTS)" research Infrastructure / Coordinator: HCMR, Perivoliotis L./ ESPA/ 36 months
- Support Mediterranean Member States Towards Implementation of The Marine Strategy Framework Directive New GES Decision and Programmes of Measures and Contribute to Regional/ Subregional cooperation 'MEDREGION' project/ Coordinator: HCMR, Pagkou P / DG ENV/ 29 months
- Support Mediterranean Member States towards coherent and Coordinated Implementation of the second phase of the MSFD – MEDCIS' project/ Coordinator: HCMR, Pagkou P / DG ENV/ 24 months
- Supporting Maritime Spatial Planning in the Eastern Mediterranean – SUPREME' project/Coordinator: CNR, Campostrini P./ EASME/ 24 months

- Action Plans for Integrated Regional Monitoring Programmes, Coordinated Programmes of Measures and Addressing Data and Knowledge Gaps in Mediterranean Sea (ACTIONMED)' project / Coordinator: HCMR, Pagkou P / DG ENV/ 19 months
- Synergy for the sustainable development and safety of the Hellenic tourist beaches (BEACHTOUR)' project / Coordinator: NKUA, Poulos S./ ESPA/ 15 months
- Integrated Regional monitoring Implementation Strategy in the South European Seas (IRIS-SES)' project / Coordinator: HCMR, Pagkou P / DG ENV/ 20 months
- ADAPT-MED project: 'Is current decision making "adapted to internalize adaptation" into policy making?' /Coordinator: Acteon/ EU/ 24 months
- Consultant of the Ministry of Environment and Energy, Special Secretariat for Water on the implementation of the Marine Strategy Framework Directive (2008/56/EC). Member of the scientific team responsible for the implementation of MSFD in GR Art 8/9/10, Analysis of main pressures and Impacts on the environmental state of the marine environment (marine pollution), Participation in the synthesis of "TECHNICAL REPORT FOR THE PREPARATION STAGE OF ACTION PLAN FOR MARINE STRATEGIES IN GREECE, FOR THE IMPLEMENTATION OF MARINE STRATEGY FRAMEWORK DIRECTIVE 2008/56/EC", descriptors 5/8/9/10. Confirmation of the data related to the Initial Assessment of MSFD in GR (chemical characteristics) and contribution to the establishment of monitoring parameters for the determination of the monitoring programmes in GR as defined by MSFD Contribution to the establishment of standards relating to the study of Planning the Programmes of Measures in GR (chemical characteristics)/ APC SA Advanced Planning Consulting / YPEN/ 2012-2017
- Researchers' Night 2013 MAREXPRES /FP7 /Coordinator: NKUA, Dassenakis M./ EU/ 7 months
- Researchers' Night 2008 REWEBIS /FP7/ Coordinator: NKUA, Dassenakis M./ EU/ 7 months
- Researchers' Night 2007 RADE /FP7/ Coordinator: NKUA, Dassenakis M./ EU/ 6 months
- Researchers' Night 2006 ANOBOR /FP6/ Coordinator: NKUA, Dassenakis M./ EU/ 5 months
- Study of Coastal Organo-sedimentary forms/ Coordinator: NKUA, Dassenakis M./ PYTHAGORAS II/ 6 months

EDITOR OF BOOKS AND SPECIAL VOLUMES

Special Issue, Guest editor A Novel Strategy for Coastal Management Under Climate Change. A special issue of Water (ISSN 2073-4441). This special issue belongs to the section "Oceans and Coastal Zones".

ADDITIONAL INFORMATION

- Presentations at conferences: **31**
- Collaboration/Participation in **20** Research Programs
- Reports: **24**
- Participation in books as author**: 1**

SELECTED PUBLICATIONS (link OF PUBLICATIONS)

https://doi.org/10.1016/j.ocecoaman.2024.107046
https://doi.org/10.1016/j.ocecoaman.2024.107088
https://doi.org/10.1016/j.marpol.2023.105733
https://doi.org/10.3390/w15162892
https://doi.org/10.3390/jmse10030329
https://doi.org/10.3390/w13152084
https://doi.org/10.3390/w13243547
https://doi.org/10.1016/j.marpol.2021.104889
https://doi.org/10.1016/j.jenvman.2018.06.020
https://doi.org/10.1016/j.marpolbul.2020.111715